

CURRICULUM VITAE
MARK BARRY SOBELL, Ph.D., ABPP

Date of Birth: May 14, 1944
Place of Birth: Philadelphia, Pennsylvania, U.S.A.
Citizenship: U.S.A. and Canada

Date this CV prepared: May 2003

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Training

Institution	Major Area	Degree	Date
University of California, Los Angeles	Psychology (Highest Honors)	A.B.	6/66
University of California, Riverside	Psychology	M.A.	12/67
University of California, Riverside	Psychology	Ph.D.	12/70

Certifications, Credentials and Licensures

1969 Certified for teaching psychology at junior colleges in the State of California. Certificate No. 13642JCL.

1975-1979 Certified Professional Counselor, Professional Alcohol and Drug Counselors of Tennessee. Certificate No. 003. Honor Charter Member.

1978-1980 Certified Substance Abuse Counselor, Tennessee Department of Mental Health and Mental Retardation.

1975-1981 Licensed Psychologist, Tennessee. Certificate No. 491.

1981-1997 Registered Psychologist, Province of Ontario, Canada. Certificate No. 1479.

1996-present Diplomate in Behavioral Psychology, American Board of Professional Psychology, Diploma Number 4790, awarded December 4, 1996.

1996-present Fellow, American Academy of Behavioral Psychology.

1997-present Licensed Psychologist, Florida. License No. PY 0005691.

2001 –present Certificate of Professional Qualification in Psychology, CPQ #1,077.

Honors

1965-1966 National Science Foundation Undergraduate Stipend for Independent Research, U.C.L.A.

1966 Highest Honors in Psychology, U.C.L.A.

1966-1969 National Defense Education Act 3-year graduate fellowship, U.C. Riverside.

1967 High-pass, U.C. Riverside comprehensive examinations –Master’s degree in psychology.

1982 Fellow, American Psychological Association (Divisions 12, 25, 28, and 50)

- 1985 Citation Classic, Current Contents
 1989 Fellow, American Psychological Society
 1990 Best poster submission, Multiple Addictions Conference, San Diego, CA.
 1992 Fellow, Canadian Psychological Association.
 1992 Fellow, American Association of Applied and Preventive Psychology.
 1994 Invited Fellow's Address (Division 28), American Psychological Association.
 1994 Charter Fellow, American Psychological Association (Division 50).
 1996 Grand Prize in the 8th International Festival of Video and Multimedia in Health Care for the video *Motivational Strategies for Promoting Self-Change: A Pilot with Alcohol-Dependent Professionals*.
 2002 *Distinctions: Significant Contributions Award to Clinical Psychology*. American Psychological Association, Society of Clinical Psychology, Division 12.
 2002 *Jill M. Morral* outstanding contributions to knowledge (behavioral clinical and experimental studies) in the field of alcohol studies.

Professional Memberships

- American Psychological Association (Fellow, Divisions 12, 25, 28, and 50)
 Association for Advancement of Behavior Therapy
 American Public Health Association

Professional Experience

- 8/95-present **Professor**, Center for Psychological Studies, Nova Southeastern University, Ft. Lauderdale, FL.
 8/95-present **Co-Director, Guided-Self-Change Clinic**, Community Mental Health Center, Center for Psychological Studies, Nova Southeastern University, Ft. Lauderdale, FL.
 2/00 - present **Member**, Ambulatory Care Staff of the Broward Medical Center with Associate Status in the Department of Psychiatry, North Broward Hospital District, Broward County, Ft. Lauderdale, Florida.
 9/86-8/99 **Senior Scientist**, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Canada.
 2/91-7/95 **Associate Director**, Treatment Research and Development, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Canada.
 9/93-7/95 **Chief**, Clinical Research Dissemination Unit, Clinical Research and Treatment Institute, Addiction Research Foundation, Toronto, Ontario, Canada.
 7/87-7/95 **Professor**, Department of Psychology, University of Toronto, Ontario, Canada.
 7/87-7/95 **Professor**, Department of Behavioural Science, Faculty of Medicine, University of Toronto, Ontario, Canada.
 7/93-7/95 **Professor**, Department of Family and Community Medicine, Faculty of Medicine, University of Toronto, Ontario, Canada.
 10/88-1/91 **Head, Sociobehavioural Research and Senior Scientist (9/86-8/99)**, Clinical Institute, Addiction Research Foundation, Toronto, Canada.
 7/83-9/88 **Associate Head, Behavioural Treatment Research**, Clinical Institute, Addiction Research Foundation, Toronto, Canada.
 7/87-6/87 **Associate Professor**, Department of Behavioural Science, Faculty of Medicine, University of Toronto, Canada.
 5/80-6/87 **Associate Professor**, Department of Psychology, University of Toronto, Ontario, Canada.

- 5/80-7/83 *Head, Sociobehavioural Research, Clinical Institute, Addiction Research Foundation, Toronto, Ontario, Canada.*
- 10/76-5/80 *Senior Clinical Consultant, Alcohol Programs, Dede Wallace Center, Nashville, Tennessee.*
- 6/74-5/80 *Associate Professor and Director of Graduate Studies on Alcohol Dependence. Department of Psychology, Vanderbilt University, Nashville, Tennessee. Director of Clinical Training, 1979-1980.*
- 4/72-5/74 *Clinical Instructor, Department of Psychiatry and Human Behavior, California College of Medicine, University of California, Irvine.*
- 7/71-5/74 *Research Analyst II—Social Sciences, Orange County Department of Mental Health, Alcoholism Services, Orange County, California.*
- 7/69-6/71 *Rapid progression through several positions at Patton State Hospital, Patton, California, California Department of Mental Hygiene. Research Technician (2 weeks), Research Assistant II (12 months), Research Assistant IV (6 months), and Research Specialist I (6 months). Also served as Assistant Director of the Alcoholism Program, Patton State Hospital.*
- 6/69-6/71 *Instructor in psychology, Evening Division, San Bernardino Valley College, Department of Psychology.*
- 8/69-9/69 *Assistant Professor, Level III, Department of Sociology and Social Welfare, California State University at Long Beach.*
- 6/66-6/69 *Served continuously as Teaching Assistant or Research Assistant for the Department of Psychology, University of California, Riverside.*

Grants, Contracts, and Financial Support

- 1965-1966 *National Science Foundation Stipend for Undergraduate Independent Research, U.C.L.A. An exploratory study of death attitude dimensions and relevant experimental correlates. **Principal Investigator***
- 1969-1970 *State of California Research Grant 11-EXPL-207, Patton State Hospital, **Principal Investigator**. Investigation of stimulus control over responding under DRL schedules of reinforcement.*
- 1972-1974 *National Institute on Alcohol Abuse and Alcoholism, PHS Research Grant No. 1 R18 AA00486, Orange County Department of Mental Health., Extended follow-up of I.B.T.A. treated alcoholics. **Principal Investigator** (Linda Sobell, Co-principal Investigator).*
- 1974-1975 *California Office of Alcohol Program Management, research contract with the Orange County Department of Mental Health, **Project Director**. An intensive evaluation system for the Orange County Alcoholism Program.*
- 1974-1976 *National Institute on Alcohol Abuse and Alcoholism, PHS Research Grant No. 5 TO1 AA00100, Department of Psychology, Vanderbilt University, **Program Director**. Graduate psychology—alcohol abuse and alcoholism.*
- 1975-1980 *National Institute on Alcohol Abuse and Alcoholism, PHS Institutional Research Service Award Training Grant No. 5 T32 AA07072, Department of Psychology, Vanderbilt University, **Program Director** (research training).*
- 1976-1980 *National Institute on Alcohol Abuse and Alcoholism, PHS Training Grant No. 5 T01 AA00100 (Renewal), Department of Psychology, Vanderbilt University, **Program Director** (clinical training).*

- 1976-1978 National Institute on Alcohol Abuse and Alcoholism, PHS Research Grant No. R AA02489-01A1, Alcohol Programs, Dede Wallace Center, **Co-investigator** (Linda C. Sobell, Principal Investigator). Effects of alcohol on speech.
- 1977-1978 Vanderbilt University Research Council, Direct Research Support Grant, Investigations of the determinants of drinking behavior of human normal drinkers. **Co-investigator** (Dr. Thomas Burish, Co-investigator).
- 1979-1980 National Institute on Mental Health, PHS Training Grant No. 5 T01 MH0552-30, Clinical Psychology-Graduate, **Program Director**.
- 1984 Department of National Defense (Canada) Contract 19SV.3204503, "Treatment Outcome Research Project—Critical Review of the State of Research." (L. Sobell, **Co-Principal Investigator**).
- 1991-1995 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. 1 R01 AA085593, Addiction Research Foundation, **Co-investigator** (L.C. Sobell, Principal Investigator). Stability of natural recoveries from alcohol abuse.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #803, **Co-Principal Investigator** (Principal Investigator: L. Sobell, Co-investigator: T. Toneatto). Comparison of Individual and Group Formats of Behavioral Outpatient Treatment.
- 1991-1995 Addiction Research Foundation, Accelerated Funding Project #806, **Co-Investigator** (Principal Investigator: T. Toneatto, Co-Investigator: Linda Sobell). Developing and testing an innovative treatment for cocaine dependence.
- 1991-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto de colaboracion para la investigacion entrenamiento, capacitacion, desarrollo y evaluacion de un tratamiento conductual de consulta externa para bebedores problema en Mexico. H. Ayala-Velázquez, G. Cardenas Lopez, & A. Vite Sierra, Principal Investigators; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators**.
- 1993-1995 International Development Research Centre Grant. A collaborative project for research and training, development and evaluation of the application of a behavioral outpatient treatment program for alcohol abusers in Mexico. H. Ayala-Velázquez & G. Cardenas Lopez, Principal Investigators; M.B. Sobell & L. C. Sobell, **Co-Principal Investigators**.
- 1993-1996 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Proyecto colaborativo para la investigacion, entrenamiento, y evaluacion de la aplicacion de un programa de tratamiento conductual de consulta externa para bebedores problema en Mexico: Segunda fase. H. Ayala-Velázquez Principal Investigator; M.B. Sobell, & L. C. Sobell, **Co-Principal Investigators**.
- 1994-1997 Alcoholic Beverage Medical Research Foundation. Personal and Situational Determinants of Alcohol-Induced Risk-Taking. **Co-investigator**. (Principal Investigator: C. Breslin; Co-investigator: H. Cappell).
- 1995-1997 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. RFA AA-94-07. Addiction Research Foundation, **Co-Investigator** (Principal Investigator: Curt Breslin; Co-Investigator: L. Sobell). Problem Drinkers: Evaluation of a Stepped Care Treatment.

- 1995-1998 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. 2 R01 AA085593-04A1, Addiction Research Foundation, **Co-Investigator** (Principal Investigator: L. Sobell; Co-Investigator: J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1997-2001 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. 1 R01 AA10246-01A2. Nova Southeastern University, **Co-Investigator** (Principal Investigator: E. F. Wagner, Co-Investigator: L. Sobell). The Effectiveness of Teen Alcohol Abuse Intervention.
- 1997-2000 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Development, Evaluation, and Dissemination of a Secondary Prevention Program for Problem Drinkers in the Mexican Social Security Institute. H. E. Ayala-Velázquez Principal Investigator; L. Echeverria San Vicente, M.B. Sobell, L. C. Sobell, H. Skinner, **Co-Principal Investigators**.
- 1998-1999 National Institute on Alcohol Abuse and Alcoholism, Research Grant No. R01 AA085593 (Competing Supplement Award and Administrative Supplement Award). Addiction Research Foundation, **Co-Investigator**. (Principal Investigator: L. Sobell; Co-Investigators J. Cunningham). Fostering Self-Change in Problem Drinkers.
- 1999 Broward County, Florida, Research Contract, **Co-Principal Investigator** (Co-Principal Investigators L. Sobell, V. Van Hasselt). Program Evaluation of Broward Sheriff's Office Drug Court Treatment Program.
- 1997-2003 Centers for Disease Control and Prevention Grant No. U84/CCU414602. Nova Southeastern University, **Principal Investigator** (L. Sobell, K. Johnson, S. Bowen, Co-Investigators), Preventing Alcohol-Exposed Pregnancies Among High-Risk Women in Special Settings.
- 2002-2006 Consejo Nacional de Ciencia y Tecnologia Grant (National Science and Technology Council of Mexico). Grant No. 36266, Development of Prevention Interventions for Addictive Behaviors in Urban and Rural Communities. H. E. Ayala-Velázquez, Principal Investigator; Fernando Vazquez-Pineada, Guillermina Natera-Rey, Leticia Echeverria, Linda C. Sobell, Mark B. Sobell, Eric F. Wagner, Steven Fawcett, Jim Orford, **Co-Principal Investigators**.

Editorial Experience

Acting Editor: *Journal of Consulting and Clinical Psychology* (2002-present)

Associate Editor: *Behavior Therapy* (1997-1998)
Journal of Consulting and Clinical Psychology (2002)

Editorial Boards: *Addictive Behaviors* (1974 - present)
Behavior Therapy (1998 - present)
Journal of Child and Adolescent Substance Abuse (1996-present)
Psychotherapy in Private Practice (1997-present)
Journal of Substance Abuse (1987 - 1997)
Journal of Consulting and Clinical Psychology (1979-1982)

Guest Reviewer Journals:

*Addictions**American Journal of Psychiatry**Psychology of Addictive Behaviors**Behavior Modification**Journal of Mental Health and Aging**Journal of Consulting and Clinical Psychology**Journal of Studies on Alcohol**Criminal Justice and Behavior**Experimental and Clinical Psychopharmacology**Journal of Family Violence**Clinical Psychology Review**Psychological Reports/Perceptual and Motor Skills**Alcoholism: Clinical and Experimental Research**Cognitive Therapy and Research**Psychological Bulletin**Canadian Journal of Behavioural Science**Bulletin of the Society for Psychologists in Addictive Behaviors**Journal of Abnormal Psychology**Science**Journal of Applied Behavior Analysis**Journal of Speech and Hearing Research**Behavior Therapy**Journal of Personality and Social Psychology**Journal of Behavior Therapy and Experimental Psychiatry**American Psychologist**Perception and Psychophysics**Journal of Community Psychology***Guest Editor:**

Special issue: *Addictive Behaviors*, Contributions of basic research to the treatment of substance abuse, 1981, 6, (3). (**M. Sobell**, H. Cappell, & L. Sobell, Guest Editors).

Theme issue: *Drugs & Society*, Moderation as a goal and/or outcome of treatment or alcohol problems, Winter 1986/Spring 1987, 1, (2/3). (**M.B. Sobell** & L. C. Sobell, Guest Editors)

Special Issue: *Advances in Behaviour Research and Therapy*, Two decades of behavioural research in the alcohol field: Change, challenge, and controversy, 1987, 9, (2/3). (L.C. Sobell & **M. B. Sobell**, Guest Editors)

Special Issue: *Advances in Behaviour Research and Therapy*, Treatment outcome methodology in adult clinical disorders. 1989, 11, (3) (L. C. Sobell & **M. B. Sobell**, Guest Editors).

Special Issue: *Behavioral Assessment*, Self-reports across addictive behaviors. Issues and future directions in clinical and research Settings: 1990, 12, (1) (L. C. Sobell & **M. B. Sobell**, Guest Editors).

Special Section: *Behaviour Research and Therapy*, Clinically useful assessment instruments for substance abuse: 2002, 40 (**M. B. Sobell** & L.C. Sobell, Guest Editors).

Guest Reviewer

Prentice-Hall (1976,1977)

**Books, Grants,
& Videotapes:**

National Center for Alcohol Education (1976)
 Lifetime Learning Publications (1978)
 Plenum Press (1978)
 Springer Publishing (1979)
 University Press of New England (1981)
 Veterans Administration, Salt Lake City (1979; grant reviewer)
 Ontario Ministry of Health (1981, 1984; grant reviewer)
 Oxford University Press (1984, 1985)
 Medical Research Council of Canada (1985, 1992, grant reviewer)
 Veterans Administration, Washington, D.C. (1986; grant reviewer)
 American Psychological Association (1993, 1998)
 Office of Research Administration University of Toronto (1988; grant reviewer)
 Haworth Press (1989, 1994)
 Australian Research Council (1990, 1994; grant reviewer)
 Time Life Medical Videotape on Alcoholism (1995)
 Guilford Press (1996, 1998, 2000)
 Applied Research Branch, Human Resources Development Canada (1997, 1999. grant reviewer)
 Psychology Press (1997, 1999)
 Louisiana Board of Regents Research Development and Support Fund (1998, grant reviewer)
 Houghton Mifflin Publications (2000)

Major Areas of Research and Teaching Interest

Behavior change processes
 Behavioral treatment research with substance abusers
 Philosophy of science; Conceptualizations of alcohol problems.
 Factors influencing ethanol consumption in humans
 Natural resolution of substance abuse problems
 Evaluation of treatment outcome

Consulting Experience

1971-1973 Center for Training in Community Psychiatry, Los Angeles, CA.
 1971-1972 Alcoholism Research Project 11-17, California Department of Mental Hygiene, Patton State Hospital, Patton, CA.
 1972 Alcoholism Study Section, Extramural Research Division, National Institute on Mental Health.
 1972-1973 Hospital Improvement Project, Camarillo State Hospital, California Department of Mental Hygiene, Camarillo, CA.
 1973 Internal Research Project Application Review, Veterans Administration Hospital, Salem, Virginia.
 1974-1980 Program Consultant, Samaritans, Nashville, TN.
 1975-1975 Consultant to Alcohol Programs, Broughton Hospital, Morganton, N.C.
 1974 Consultant on Project Evaluation, Institute for Behavioral Research, Silver Spring, MD.
 1975 Consultant and Site Visitor, Merit Review Board for Behavioral Sciences, Veterans Administration, Washington, D.C.
 1975 Randolph Clinic, Charlotte, N.C.

- 1976 Addiction Research Foundation, Toronto, Ontario, Canada
- 1976 Alcoholism Program, Mental Health-Mental Retardation Comprehensive Care Center, Hazard, KY.
- 1978 Rand Corporation, Santa Monica, CA.
- 1978 Tennessee Department of Mental Health and Mental Retardation, Alcohol and Drug Abuse Section.
- 1978 Alaska Native Health Service (PHS), Anchorage, Alaska and Upper Tanana Regional Council on Alcoholism, Tok, Alaska.
- 1978 Professional Examination Service, Test item construction for National certification examination for drug abuse and alcoholism counselors.
- 1982 Professional Consultation Program, 16th Annual Convention of the Association for Advancement of Behavior Therapy Los Angeles, California.
- 1985 Department of Psychiatry, University of Texas Medical School at Houston,, TX.
- 1987 Technical Advisor, Canadian Periodic Health Examination Task Force, Health Services and Promotion Branch, Health and Welfare Canada.
- 1989-1990 National Transportation Safety Board, Washington, DC.
- 1989 Blue Cross, Blue Shield of Maryland.
- 1989 State of Alaska, State Senate Budget Subcommittee on Alcohol and Drugs
- 1990 Addiction Research Institute of Victoria, Melbourne, Australia.
- 1990 Drug and Alcohol Services, Royal Prince Alfred Hospital, Sydney, Australia.
- 1991 Weinberg Consulting Group, Washington, DC.
- 1993-1995 Correctional Service Canada.
- 1996-present United States Air Force. Expert Review Panel, Design and Implementation of a Targeted Intervention & Prevention Program for Problem Drinkers. San Antonio, TX.
- 2000 Galaxo Welcome, Paris, France.
- 2001 Florida Peer Review Organization, Florida Alcohol and Drug Abuse Association, Miami, FL.
- 2001 Boston University, School of Public Health, Boston, MA.

Other Professional Experience

- 1972 Visiting faculty, San Diego Summer School of Alcohol Studies, U.C. San Diego, CA.
- 1973 Chairman, paper session, "Alcohol: I," Western Psychological Association Meeting, Anaheim, CA.
- 1973 Visiting faculty, 11th Annual Florida School of Alcohol Studies, Avon Park, FL.
- 1974 Member, California Office of Alcohol Program Management Ad Hoc Committee for the County Alcoholism Evaluation Project.
- 1974 Moderator and Discussant of Symposium, "Extensions and Implications of Behavioral Analyses of Excessive Drinking," Meeting of the Association for Advancement of Behavior Therapy, Chicago, IL.
- 1974 Invited Participant, National Institute on Mental Health Conference on Ethics and Behavior Modification.
- 1974 Keynote Speaker, Conference, "Community Responsiveness to Problem Drinking," Henderson County Mental Health Center, Henderson, NV.
- 1975 Visiting faculty, Western Pennsylvania Institute of Alcohol Studies, Pittsburgh, PA.
- 1975-1980 Member, Salvation Army Men's Social Service Advisory Council, Nashville, TN.
- 1975 Visiting faculty, Clinical Institute Seminar and Lecture Series, Addiction Research Foundation, Toronto, Ontario, Canada.

- 1976-1980 Member, Advisory Board, Mid-Cumberland Council on Alcohol and Drugs, Nashville, TN.
- 1976 Discussant, Symposium, "Self-management Approaches in Alcoholism: Paradigms, Procedures and Prospects," Meeting of the Southeastern Psychological Association, New Orleans, LA.
- 1979-1980 Member, Council of University Directors of Clinical Psychology.
- 1977-1980 Member and Chair, Licensure Oral Examination Committee, Tennessee Board of Examiners in Psychology.
- 1979 Guest reviewer, Program Committee, Southeastern Psychological Association.
- 1980 Conference Organizer (with H. Cappell), How can basic research contribute to the treatment of substance abuse? State-of-the-art 1980. Addiction Research Foundation, Toronto, Ontario.
- 1981 Discussant, Symposium, "Learning Processes in Drug-related Behavior," Meeting of the Canadian Psychological Association, Toronto, Ontario, Canada.
- 1983 Member, Oral examination team, Ontario Board of Examiners in Psychology.
- 1984 Guest film reviewer, Ad Hoc Committee on Films and Other Media, American Psychological Association.
- 1986-1988 Convention program proposal reviewer, American Psychological Association, Division 12.
- 1986-1988 Member, Convention Program Committee, Association for Advancement of Behavior Therapy.
- 1986, 1987 Convention program proposal reviewer, Canadian Psychological Association.
- 1987-1988 Workshop Coordinator, Association for Advancement of Behavior Therapy.
- 1988 Member, Doctoral Dissertation Examining Committee, Department of Pharmacology, University of Toronto (Dr. Mary Lawrin).
- 1988 Member, Doctoral Dissertation Examining Committee, Department of Psychology, McGill University (Dr. Peter Finn).
- 1988 Instructor, Department of Social Work, University of Toronto, SWK 6501H L0201 Special Studies 1 (in self-efficacy theory).
- 1989 Consultant, Professional Consultation Series, 23rd Annual Convention of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1989-1992 Member, International Advisory Committee, World Congress of Cognitive Therapy.
- 1990 Consultant, Professional Consultation Series, 24th Annual Convention of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1990 Host, Poster Session, 23rd Annual Convention of the Association for Advancement of Behavior Therapy, San Francisco, CA.
- 1990 Member, Professional Advisory Committee, Green Springs Mental Health Services, Columbia, MD.
- 1991 Consultant, Professional Consultation Series, 25th Annual Convention of the Association for Advancement of Behavior Therapy, New York, NY.
- 1991-1992 Member, Dissertation Committee, Dr. Garth Martin, University of Toronto School of Social Work
- 1993 Member, Dissertation Committee, External Thesis Examiner, Mr. Ross Young, Department of Psychology, The University of Queensland, Brisbane, Australia.
- 1993 Consultant, Professional Consultation Series, 27th Annual Convention of the Association for Advancement of Behavior Therapy, Atlanta, GA.
- 1993 Participant, Clinical Roundtable on Rational Recovery. Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA.

- 1994 Chair, Invited Address Science Weekend: Addictive Behaviors. Annual Convention of the American Psychological Association, Los Angeles, CA.
- 1994 Discussant. Alcohol and Tobacco—From Basic Science to Policy. National Institute on Alcohol Abuse and Alcoholism, San Diego, CA.
- 1994 External Thesis Examiner, University of Queensland, Brisbane, Australia, Dr. Ross Macdonald Young.
- 1994 Day 2 Wrap Up Speaker, NIAAA meeting on “Alcohol and Tobacco—From Basic Science to Policy.” San Diego, CA.
- 1994 Chair, Paper session on “Professional Attitudes.” 5th International Conference on the Reduction of Drug Related Harm. Toronto, Canada.
- 1995 Member, Panel Discussion, “Practice and research with addiction behaviors: Practitioners meet the scientists.” The 29th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, D.C.
- 1996 Reviewer, Convention Program Committee, Association for Advancement of Behavior Therapy.
- 1996-2000 Advisor, American Psychiatric Association, *Handbook on Psychiatric Measures*.
- 1997 Discussant. Symposium on “Individual sensitivity to drugs of abuse and matched interventions.” 28th Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 1997 Ad hoc grant reviewer, National Institute on Alcohol Abuse and Alcoholism.
- 1997 Discussant. Symposium on “Individual sensitivity to drugs of abuse and matched interventions.” Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL.
- 1997, 1999 Reviewer, Division 50 Program Committee, American Psychological Association.
- 1997, 1999 Member, Technical Advisory Board, United States Air Force Office for Prevention and Health Services Assessment, San Antonio, TX.
- 1998 Panelist, “Promoting and Sustaining Scholarship,” Nova Southeastern University Faculty Symposium on Scholarship, Fort Lauderdale, FL.
- 1998 Discussant, Working Group on Prevention of Risk Drinking in Pregnancy. National Institute on Alcohol Abuse and Alcoholism, Rockville, MD.
- 1998 Member, Working Group on Project SHARP. United States Air Force Office for Prevention and Health Services Assessment, San Antonio, TX.
- 1998 Invited presentation/panelist, Miami-Dade County Addiction Services Board & Miami Coalition for a Safe and Drug-free Community, Public Hearing on “The consumption of alcoholic beverages by minors and driving under the influence.” Miami, FL.
- 1998 External Examiner, Doctoral Thesis, University of Queensland, Brisbane, Queensland, Australia, (Dr. Nicole Lee).
- 2000 External Advisor, Doctoral Dissertation Committee, National University of Mexico, Roberto Oropez Tena.
- 2000 External Advisor, Doctoral Dissertation Committee, National University of Mexico, Kalina Isela Martinez Martinez.
- 2001 Moderator, “Clinically Useful Substance Abuse Assessment Instruments and Procedures.” Panel Discussion presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA.
- 2002 Discussant. National Institute on Alcohol Abuse and Alcoholism workshop on “Alcohol and Tobacco: Mechanisms and Treatment.” Bethesda, MD.

- 2002 Moderator, Panel Discussion, "Substance Use Assessment in Clinical Practice."
Presented at the 36th Annual Meeting of the Association for Advancement of
Behavior Therapy. Reno, Nevada.

Service in Professional Organizations

- 1975-1979 Tennessee State Coordinator, Southeastern Association for Behavior Therapy.
1977-1978 Secretary-Treasurer, Tennessee Association for Behavior Therapy.
1982-1985 Member, Committee on Nominations and Elections, Association for the Advancement
of Behavior Therapy.
1982-1984 Member, Ad Hoc Committee on Program Innovations, American Psychological
Association.
1994-1996 Member, Education and Training Committee, Division 50, American Psychological
Association.
1996 -1998 Chair, Education and Training Committee, Division 50, American Psychological
Association.
1998- present International Advisory Council, S.M.A.R.T. Recovery.
2002- present International Board of Professional Advisors for Moderation Management.

Workshops/Institutes

- 1973 11th Annual Florida School of Alcohol Studies, Avon Park, FL. (with L. Sobell).
1974 Guest presentation, Workshop, "A Critical Evaluation of Behavioral Efforts to Assess
and Treat Alcoholism," Association for Advancement of Behavior Therapy, Chicago,
IL. (with L. Sobell).
1974 "Behavior Modification Approaches to Community Alcoholism Programs," Rocky
Mountain Conference on Behavior Modification and Social Design, Denver, CO.
(with L. Sobell).
1975 "Complex Behavioral Analysis of Alcohol Dependence," Clinical Institute and Lecture
Series, Addiction Research Foundation, Toronto, Ontario (with L. Sobell).
1975 "New Trends in Alcohol Treatment." Northside Mental Health Center, Atlanta, GA.
(with L. Sobell).
1975 "Pragmatic Strategies in the Treatment of Problem Drinkers," Conference on
"Behavioral Approaches to Alcoholism and Drug Dependencies," University of
Washington Alcoholism and Drug Abuse Institute, Seattle, WA. (with L. Sobell).
1975 "Complex Behavioral Analysis of Alcohol Dependence: Implications for Treatment
Strategies," Association for the Advancement of Behavior Therapy, San Francisco,
CA. (with L. Sobell).
1976 "The Use of Behavioral Analysis in the Treatment of Alcohol Problems," Psychotherapy
Associates Winter Workshop, Colorado Springs, CO. (with L. Sobell).
1976 "Behavioral Treatment Approaches to Alcohol Problems," Florida Psychological
Association, Orlando, FL. (with L. Sobell).
1977 "Alcohol Treatment Outcome Evaluation," Association for Advancement of Behavior
Therapy, Atlanta, GA. (with M. Sobell).
1978 "Issues in the Behavioral Treatment of Alcohol Problems," Southeastern Psychological
Association, Atlanta, GA. (with L. Sobell).
1978 "Member of presenting staff, Tennessee Department of Mental Health and Mental
Retardation, Workshop on Alcohol and Drug Treatment Outcome Evaluation."
1978 "Alcohol Treatment Outcome Evaluation and Concept of Alcohol Dependence," (3-day
workshop), Alaska Native Health Service, Anchorage, AL.

- 1980 Invited participant, Workshop on “Establishing Research Training Programs in Behavior and Health,” Commission on Human Resources, National Research Council, Washington, D.C.
- 1982 “Assessment and Treatment Planning with Alcohol Abusers: Application of Research Advances to Clinical Practice,” Association for the Advancement of Behavior Therapy, Los Angeles, CA. (with L. Sobell).
- 1987 “Treatment of Not Severely Dependent Problem Drinkers.” Workshop presented at the conference, New Perspective on the Treatment of Alcoholism, sponsored by the Psychological Society of Ireland (Mid Western Group), Limerick, Ireland.
- 1988 “Cognitive-Behavioral Treatment of Problem Drinkers.” Workshop presented, Association for Advancement of Behavior Therapy, New York, NY.
- 1991 “Cognitive-Behavioral Treatment of Problem Drinkers.” Institute, Association for Advancement of Behavior Therapy, New York, NY (with T. Toneatto).
- 1992 “Cognitive-Behavioral Treatment of Problem Drinkers.” Workshop presented at the World Congress of Cognitive Therapy, Toronto, Canada.
- 1992 “Cognitive-Behavioral Treatment of Problem Drinkers.” Workshop presented at the Pinewood Health Centre, Oshawa, Ontario, Canada (with T. Toneatto).
- 1992 “Cognitive-Behavioral Treatment of Problem Drinkers.” Institute, Association for Advancement of Behavior Therapy, Boston, MA. (with T. Toneatto).
- 1993 “Brief Treatment/Self-Change Approach to Treatment.” Workshop presented at the Haliburton County Counseling Center Haliburton, Ontario, Canada (with T. Toneatto).
- 1993 “Cognitive-Behavioral Treatment of Problem Drinkers.” Institute, Association for Advancement of Behavior Therapy, Atlanta, GE. (with T. Toneatto).
- 1993 “Guided Self-Change Treatment for Problem Drinkers.” Hamilton-Wentworth County Alcohol and Drug Assessment Services. Hamilton, Ontario.
- 1993 “Treatment for Problem Drinkers.” Research Conference, Correctional Services Canada, Moncton, New Brunswick.
- 1993-1995 “Guided Self-Change Treatment for Problem Drinkers.” Summer Institute in Addiction Studies, Addiction Research Foundation, Toronto, Ontario.
- 1994 “Individual and Group Guided Self-Change Treatment for Problem Drinkers.” Institute presented at the Association for Advancement of Behavior Therapy, San Diego, CA (with K. Sdao-Jarvie).
- 1995 “Guided Self-Change: A Brief Cognitive-Behavioral Treatment for Problem Drinkers.” Congress of Behavioural and Cognitive Therapies, Copenhagen, Denmark (with L. Sobell).
- 1995 “Counseling Skills.” Conference on “Facilitating Behavioural Change in Family Medicine,” Department of Family and Community Medicine, University of Toronto (with L. Wilson).
- 1995 “Individual and Group Guided Self-Change Treatment for Problem Drinkers.” Institute, Association for Advancement of Behavior Therapy, Washington, DC.
- 1997 “Guided Self-Change: Helping Problem Drinkers and Drug Users To Help Themselves.” Mental Health Training and Resource Cooperative, Nova Southeastern University, Ft. Lauderdale, FL.
- 1998 “Guided Self-Change Treatment for Substance Abuse.” Institute, Association for Advancement of Behavior Therapy, Washington, DC.
- 1999 “Guided Self-Change Treatment for Substance Abuse.” Institute, Association for Advancement of Behavior Therapy, Toronto, ON., Canada.

- 1999 "Guided Self-Change: A motivational intervention for treating substance abuse."
Renfrew Center of South Florida, Parkland, FL.
- 2001 "Motivational Interventions for Substance Abuse." World Congress on Behavior and
Cognitive Therapies, Vancouver, Canada.
- 2001 "Normal Aspects of Addictive Behavior," District 10 Continuing Education Series,
Nova Southeastern University Community Mental Health Center, Ft. Lauderdale, FL.
- 2003 "Project CHOICES." To be presented at Fetal Alcohol Syndrome Conference, Atlantic
City, NJ.

Invited Presentations

- 1972 Behavior modification of alcoholism. University of California at Irvine, extension division course on
Treatment of Alcohol Abuse.
- 1972 Behavior modification, alcoholism and the Zeitgeist. Center for Training in Community Psychiatry Los
Angeles, CA.
- 1973 Behavior modification of alcoholics: Some evidence for controlled drinking as a treatment goal. Psychiatry
and Human Behavior Research Seminar, University of California, Irvine.
- 1973 Controlled drinking as a therapeutic goal. Sharp Hospital Second Annual Winter Symposium, "The Person
and the Disease: Alcoholism," San Diego, CA (with L. Sobell).
- 1973 Utilizing behavior modification elements as a part of inpatient treatment programs for alcoholics. Training
Seminar, Camarillo State Hospital, Camarillo, CA.
- 1973 Modifying behavior in the real world. Class on Behavior Modification, Psychology Department, California
State University at Fullerton, Fullerton, CA.
- 1973 Innovative approaches to treatment of alcohol abuse. Eleventh Annual Florida School of Alcohol Studies,
Avon Park, FL (with L. Sobell).
- 1973 The need for realism, relevance and operational assumptions in the study of substance dependence.
International Symposia on Alcohol and Drug Research, Addiction Research Foundation, Toronto,
Ontario (with L. Sobell).
- 1973 Changing concepts of alcoholism. Class on Comprehensive Alcohol and Alcoholism Education, Adult
Division, Ocean View School District, Orange County, CA.
- 1974 Behavioral studies of alcohol dependence. Class on Alcohol Studies, Department of Psychology, California
State University at Long Beach, Long Beach, CA.
- 1974 Individualized behavior therapy with alcoholics: Procedures, outcome, and appraisal. Psychology
Department colloquium, Vanderbilt University, Nashville, TN.
- 1974 Changing concepts of alcohol dependence. Journal Group, Orange County Medical Center, Orange, CA.
- 1974 Historical development of research on alcoholism. Class on Counseling Alcoholics, extension division,
University of California at Riverside,, CA.
- 1974 Changing concepts of alcoholism, Veterans Administration Hospital, Long Beach, CA.
- 1974 Alternatives to abstinence for alcoholics: Two year outcome data. Noontime Seminar, Department of
Psychiatry and Human Behavior, University of California, Irvine (with L. Sobell).
- 1974 Current developments in research, and how these are forcing a change in traditional concepts of alcoholism.
Conference on "Community Responsiveness to Problem Drinking," Henderson County Mental Health
Center, Henderson, Nevada.
- 1974 Changing concepts of alcohol dependence. Alcoholism Rehabilitation Center (District of Columbia),
Occoquan, VA.
- 1975 Use of complex behavioral analysis in developing treatment strategies. Western Pennsylvania Institute of
Alcohol Studies, University of Pittsburgh,, PA.
- 1975 Emerging concepts of alcohol dependence. Northside Mental Health Center, Atlanta, GA.
- 1975 Emerging concepts of alcohol dependence. Tuskegee Veterans Administration Hospital, Tuskegee, AL.

- 1975 Emerging concepts of alcohol dependence. Clinical Institute Seminar and Lecture Series, Addiction Research Foundation, Toronto, Ontario.
- 1975 Emerging concepts of alcohol dependence. The Randolph Clinic, Charlotte, NC.
- 1975-1979 Emerging concepts of alcohol dependence. Class on Special Topics in Psychology: Alcoholism, University of Tennessee at Nashville.
- 1975 Emerging concepts of alcohol dependence. Psychology Department colloquium, University of Nebraska, Lincoln, NB.
- 1975 Emerging concepts of alcohol dependence, Seminar on Alcohol and Public Policy, Vanderbilt University, Nashville, TN.
- 1975 Emerging concepts of alcohol dependence. Psychology Department colloquium, Indiana University, Bloomington, IN.
- 1975 Individualized behavior therapy for alcoholics: Treatment outcome procedures and findings. Northside Mental Health Center, Atlanta, GA.
- 1975 Drinking awareness for youth. Presentation for teenagers, Nolensville Jaycees Alcohol Prevention Project, Nashville, TN.
- 1975 Empirically derived components of treatment for alcohol problems: Some issues and extensions. Conference on "Behavioral Approaches to Alcoholism and Drug Dependencies," University of Washington Alcoholism and Drug Abuse Institute, Seattle, WA.
- 1975-1980 Guest presentations on various topics related to alcohol dependence and behavior modification. Law School, Medical School, Nursing School, Vanderbilt University, Nashville, TN.
- 1976 Behavioral treatment approaches to alcohol problems. Conference on Behavioral Approaches to Medical Practice, Duke University, Durham, NC (with L. Sobell).
- 1976 The alcohol studies specialty training program at Vanderbilt University. Conference on "Alternatives: New Resources in Treatment of Alcohol Dependence," Northeast Community Mental Health Center, Memphis, TN.
- 1976 Emerging concepts of alcohol dependence. Class on Sociology of Substance Abuse, Department of Sociology, Middle Tennessee State University, Murfreesboro, TN.
- 1976 Emerging concepts of alcohol dependence. Addiction Research Unit, The Maudsley Hospital, London, England.
- 1976 Emerging concepts of alcohol dependence. Conference on "Alternatives: New Resources in Treatment of Alcohol Dependence," Northeast Community Mental Health Center, Memphis, TN.
- 1976 Emerging concepts of alcohol dependence. 1976 Kentucky Alcohol Forum, Kentucky Association on Alcohol Abuse and Alcoholism Louisville, KY.
- 1977 Alternatives to abstinence: Evidence, issues and some proposals. NATO Conference on Experimental and Behavioral Approaches to Alcoholism. Bergen, Norway.
- 1977 Goals in the treatment of alcohol problems. Tenth Annual Eagleville Conference, Eagleville Hospital and Rehabilitation Center, Eagleville, PA.
- 1977 A convergent validity approach to increasing confidence in treatment outcome conclusions. Conference on Empirical Approaches to the Treatment of Addictions, Medical University of South Carolina, Charleston, SC (with L. Sobell).
- 1977 Treatment outcome evaluation in a clinical setting. Conference on Alcohol and Drug Treatment Outcome Evaluation, Nashville, TN (with L. Sobell, S. Maisto, M. Cooper, & E. Ward).
- 1978 A convergent validity approach to increasing confidence in treatment outcome conclusions. Fourth Annual Meeting of the Midwestern Association for Behavior Analysis, Chicago, IL (with L. Sobell).
- 1978 Emerging Concepts of Alcohol Dependence: A Look Ahead. Fort Hays State College, Hays, KS.
- 1980 Emerging concepts of alcohol dependence: Implications for treatment outcome evaluation. Department of Clinical Psychology, University of Florida, Gainesville, FL.

- 1980 Behavioural treatment of alcohol problems. Canadian Addictions Foundation, Montreal, Quebec (with L. Sobell).
- 1981 The nature of alcohol problems: New concepts and old. Queens University, Kingston, Ontario, Canada.
- 1981 Concepts of alcohol dependence. Department of Psychology, Waterloo University, London, Ontario, Canada.
- 1982 The nature of alcohol problems. Department of Psychology, Wayne State University, Detroit, MI.
- 1982 Behavioral research and therapy: Its impact on the alcohol field. Banff Conference on Advances in Clinical Behavior Therapy, Banff, Alberta (with L. Sobell).
- 1982 The impact of research on conceptualizations of alcohol problems. Symposium on "Models of drug dependence: Differing perspectives and approaches," section on Psychopharmacology, Canadian Psychological Association Annual Meeting, Montreal, Quebec, Canada.
- 1983 Are ideas about alcohol problems changing? Academic Lecture Series, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1983 Assessment and treatment planning. 14th Annual Convention of Scientists in Behavior Modification, Moncton, New Brunswick, Canada (with L. Sobell).
- 1983 Psychology department colloquium. Carleton University, Ottawa, On., Canada.
- 1983 Treatment in less heavily dependent individuals. Continuing Medical Education Conference on Alcohol and Drug Abuse, University of Saskatchewan, Saskatoon, Canada.
- 1983-84 Alcoholism Lecture in Behavioural Psychotherapy Course, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1983 Featured International Panel Discussion. Abstinence and Controlled Drinking: Alternative treatment goals for alcoholism and problem drinking. World Congress on Behavior Therapy, Washington, DC.
- 1984-88 Behaviour therapy of alcohol and drug problems. Guest lecture to first-year psychiatry residents, University of Toronto., Toronto, ON., Canada.
- 1984 Rational science and folk science: Immiscible conceptualizations of the nature and treatment of alcohol problems. Department of Psychology, Trent University, Peterborough, ON., Canada.
- 1984 The underserved majority: Recognition and treatment of not severely dependent problem drinkers. Keynote address, Creative Alliance Conference, sponsored by the Michigan Coalition on Substance Abuse, Traverse City, MI.
- 1985 The effect of television programs and advertisements on drinking behaviour. Clinical Interest Group, Department of Psychology, University of Toronto.
- 1985 Controlled thinking about controlled drinking: Resistance to conceptual change in the alcohol field. Department of Psychology, University of Waterloo, Ontario.
- 1985 Clinical Forum: Recent Advances in the Treatment of Alcohol Problems. Presented at the 19th Annual Meeting of the Association for Advancement of Behavior Therapy, Houston, TX (with G. Connors, L. Sobell).
- 1987 Treatment of problem drinkers. Niagara Region Addiction Services Mobilizing Committee, St. Catharines, ON., Canada.
- 1987 Treatment of problem drinkers. Waterloo Region Alcohol and Drug Assessment Service, Kitchener, ON., Canada.
- 1987 The controlled drinking perspective. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured International Speaker).
- 1987 Recent developments in moderation research and practice. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured Speaker).

- 1987 Cost-effectiveness of inpatient vs. outpatient treatment: Evidence and issues. Conference, New Perspectives on the Treatment of Alcoholism, The Psychological Society of Ireland (Mid Western Group), Limerick, Ireland (Featured International Speaker).
- 1987 The need for a new approach to alcohol problems. Department of Applied Psychology, University College Cork., Ireland.
- 1988 Alcohol or tobacco research versus alcohol and tobacco research. Seminar for Scientists. Tobacco Use: A Perspective for Alcohol and Drug Researchers, Addiction Research Foundation, Toronto, ON., Canada (with L. Sobell, L. Kozlowski).
- 1988 Guided self-management. Conference, Beyond 1990: Addiction Treatment Services in Ontario, Community Services Division, Addiction Research Foundation, Kingston, ON., Canada.
- 1988 Guided Self-Management. Conference on "Beyond 1990: Addiction Treatment Services in Ontario. Community Services Division, Addiction Research Foundation, Kingston, ON., Canada.
- 1988 Who are problem drinkers? Seminar for Assessment/Follow-up Unit, Clinical Institute, Addiction Research Foundation, Toronto, ON., Canada.
- 1988 Guided Self-Management. Treatment services conference, Region of Peel, Community Services Division, Addiction Research Foundation, Mississauga, Ontario.
- 1988 Panelist, Invited Panel. Treatment outcome evaluation methodology: Advances, commonalties, and differences across several adult clinical disorders. Presented at the 22nd Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY.
- 1989 Guided Self-management: A brief intervention for problem drinkers. Presentation to Durham Region District Health Council Task Force on Addiction Services. Oshawa, ON., Canada.
- 1989 A self-management treatment for problem drinkers. Clarke Institute Clinical Research Seminar Series, Clarke Institute of Psychiatry, Toronto, ON., Canada.
- 1989 The role of moderation goals in services for problem drinkers. Center for Research on Alcoholism and Alcohol Use, State University of New York at Buffalo, Buffalo, NY.
- 1989 Treatment of the Alcoholic: Psychosocial Aspects. Guest tutorial, Toronto Medical Student Elective on Alcoholism, Department of Pharmacology, University of Toronto, Toronto, ON., Canada.
- 1989 Reconciliation between drugs and psychosocial treatments. Paper presented at a symposium on Treatment Outcome Research. Annual Meeting of the Research Society on Alcoholism, Beaver Creek, Colorado (with E. Sellers, L. Sobell).
- 1989 Treatment of Adolescent Substance Abuse. Society for Adolescent Medicine, San Francisco, CA.
- 1989 Invited Panelist, Panel on "Approaches to Treatment: An overview," presented at the conference "Substance Abuse: The mental health issue of the 90s, Managing cost and quality." Blue Cross/Blue Shield of Maryland, Baltimore, MD.
- 1990 Self-management, motivational interventions for problem drinkers. Alcohol and Drug Dependence Services, Queensland Department of Health, and the University of Queensland, Brisbane, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Alcohol and Drug Dependence Services, Queensland Department of Health, Brisbane, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Drug and Alcohol Unit, Westmead Hospital, Westmead, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Royal Prince Alfred Hospital, Sydney, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Drug and Alcohol Services Council of South Australia, Adelaide, Australia.
- 1990 Applying a public health approach to alcohol problems: The bottom line. Addiction Research Institute of Victoria and Alcohol and Drug Unit, Western Hospital, Melbourne, Australia.
- 1990 Guided Self-Management. Presented at the Conference, "Special Skills for Community Health Workers," Sponsored by the Addiction Research Foundation, Kingston Centre, Kingston, ON., Canada.

- 1990 Introduction—The Role of Outpatient Services in a Continuum of Care. Presented at the Conference, “Special Skills for Community Health Workers,” Sponsored by the Addiction Research Foundation, Kingston Centre, Kingston, ON., Canada
- 1990 Invited Panelist, Teaching Hospital and Research Foundation Panel, presented at the Health Psychology Network Conference, Toronto, ON., Canada.
- 1991 Applying a public health approach to alcohol problems: The bottom line. XI Congreso Mexicano de Analisis de Conducta (11th Mexican Congress on Behaviour Analysis), Mexico City, Mexico.
- 1991 Guided self-management treatment for problem drinkers (Addictive Behaviors Treatment—symposium presentation). XI Congreso Mexicano de Analisis de Conducta (11th Mexican Congress on Behaviour Analysis), Mexico City, Mexico.
- 1991 Cognitive mediators of natural recoveries from alcohol problems: Implications for treatment. Presented at the symposium on “Therapies of Substance Abuse: A view Towards the Future.” 25th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY (with L. Sobell).
- 1991 Guided self-management treatment for problem drinkers. Clinical Research and Treatment Institute Clinical and Research Seminars, Addiction Research Foundation, Toronto, ON., Canada.
- 1993 The relationship of dual recoveries from smoking and alcohol problems: A further examination of naturally recovered alcohol abusers. Presented at a symposium on “Smoking Cessation in Alcohol/Drug Abuse Recovery.” Sixth International Conference on Treatment of Addictive Behaviors, Santa Fe, New Mexico (with L. C. Sobell).
- 1993 Guided self-change: A motivationally based treatment for problem drinkers. Department of Psychology, Bowling Green State University, Bowling Green, Ohio.
- 1993 The Inventory of Drinking Situations and relapse research: Population variations and clinical applications. Invited presentation at the “Methodologies for Relapse Research Workshop” sponsored by the Alcohol Research Utilization System, NIAAA, Santa Fe, New Mexico.
- 1993 A longitudinal study of dual recoveries from smoking and alcohol problems. Presented at the symposium on “Alcohol and Nicotine Dependence: Mechanisms, Treatment and Policy Implications.” Presented at the 27th Annual Meeting of the Association for Advancement of Behavior Therapy, Atlanta, GA (with L. Sobell).
- 1993 Implications of a Public Health Approach to Alcohol Problems. Research Conference, Correctional Services Canada, Moncton, New Brunswick.
- 1993 Implications of a Public Health Approach to Alcohol Problems. International Symposium Mexico/Canada on Treatment of Addictive Behaviors. Mexico City, Mexico.
- 1994 Invited Fellow’s Address (Division 28). “Slowly into the breach: Rational treatment for problem drinkers.” American Psychological Association. Los Angeles, CA.
- 1994 Implications of a Public Health Approach to Alcohol Problems. Nova Southeastern University. Ft. Lauderdale, FL.
- 1994 Can alcohol abusers define their own treatment? Department of Psychiatry, University of Michigan, Ann Arbor, MI.
- 1994 La motivation qui changement chez les adolescents et les adultes toxicomanes (Motivation for change among adolescent and adult substance abusers). Keynote presentation at the Conference on “La motivation au changement chez les toxicomanes” (Motivation for Change Among Substance Abusers). Alternatives Center for Rehabilitation, Montreal, Quebec, Canada.
- 1995 Addressing the full range of alcohol problems: A public health priority. Keynote address at the 7th Congress of the Mexican Psychological Association, Mexico City, Mexico.
- 1995 Problem drinkers: The underserved majority. Department of Psychology, State University of New York at Binghamton. Binghamton, NY.

- 1995 Group versus Individual Guided Self-Change Treatment for Problem Drinkers. Invited Symposium on “Cognitive Behavioral Interventions for Problem Drinkers Around the Globe. Presented at the World Congress on Cognitive and Behavioral Therapy, Copenhagen, Denmark (with L. C. Sobell).
- 1995 Counseling skills and their effectiveness in changing behaviour—general introduction. Conference “Facilitating Behavioural Change In Family Medicine. Department of Family and Community Medicine, University of Toronto, Toronto, ON.
- 1996 Guided Self-Change Treatment for Alcohol Problems. Invited presentation, 45th Street Mental Health Center, West Palm Beach, FL.
- 1996 Guided Self-Change: A ‘user-friendly’ motivational intervention for problem drinkers. Department of Psychology, University of South Florida, Tampa, FL.
- 1996 Natural Recovery Over the Lifespan. Conference on Alcohol and Aging sponsored by the National Institute on Alcohol Abuse and Alcoholism. Ann Arbor, MI.
- 1997 Guided Self-Change: Helping problem drinkers to help themselves. Fort Lauderdale Greater Sigma Chi Alumni Association, Fort Lauderdale, FL.
- 1997 Guided Self-Change: Helping problem drinkers to help themselves. Kiwanis Club of Miami, Miami, FL.
- 1998 Changing Perspectives on Behavior Change. Association for Behavior Analysis. 24th Annual Convention, Orlando, FL.
- 1998 Innovative Intervention for Alcohol Problems: Facilitating Self-Change. Chair, Invited symposium at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico.
- 1998 Fostering Self-Change Among Problem Drinkers. Presented at invited symposium on “Innovative Intervention for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with L. C. Sobell, J. A. Cunningham, G. I. Leo, S. A. Agrawal, & L. Johnson-Young).
- 1998 Problem Drinkers: Evaluation of a Stepped Care Approach. Presented at invited symposium on “Innovative Intervention for Alcohol Problems: Facilitating Self-Change” at the World Congress on Behavioral and Cognitive Therapies, Acapulco, Mexico (with F. C. Breslin, L. C. Sobell, & J. A. Cunningham).
- 1998 Stepped Care as Guidelines for Clinical Practice. Invited Symposium on “Stepped Care in Models of Behavior Therapy.” Presented at the 32nd Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC.
- 1997 Natural Recovery From Alcohol and Drug Problems: An Overview and Review of Current Studies and Suggestions for Future Directions. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland (with T. Ellingstad & L. C. Sobell).
- 1999 Cross-Cultural Qualitative Analysis of Antecedents to Natural Recoveries From Alcohol and Drug Problems. Presented at the International Conference on Natural History of Addictions: Recovery from Alcohol, Tobacco, and Other Drug Problems Without Treatment, Les Diablerets, Switzerland (with H. Klingemann, L. C. Sobell, Toneatto, T., S. Agrawal, & G. Leo).
- 1999 Overview and Outcome Measures for the Project CHOICES Intervention Study. Fetal Alcohol Syndrome Interagency Coordinating Committee, Rockville, MD.
- 1999 Critical Issues in the Primary Prevention of Alcohol Abuse in Military Settings. Alcohol Abuse Policy Seminar, Department of Defense, Andrews Air Force Base, Washington, D.C.
- 2000 Evolution of Cognitive Behavioral Approaches to Alcohol Problems. French Society for the Study of Alcohol—a Société française d’alcoologie. Paris, France.
- 2001 The future of cognitive-behavior therapy: Lessons from research on the treatment of alcohol problems (El futuro de la terapia cognitivo conductual: Lecciones de la investigación en el tratamiento de problemas de alcohol. Second International Colloquium on the Prevention and Treatment of Addictive Behaviors, Mexico City, Mexico.

- 2000 The Role of Cognitive-Behavior Therapy in Treating Alcohol Problems. Annual meeting of the French Society of Cognitive Behavior Therapy. Paris, France.
- 2002 Self-change in alcohol and tobacco users: Current knowledge and future directions. Invited talk at the National Institute on Alcohol Abuse and Alcoholism. Workshop on "Alcohol and Tobacco: Mechanisms and Treatment." Bethesda, MD (with L. C. Sobell & S. Agrawal).
- 2002 Lessons from alcohol research. Society of Clinical Psychology's *Distinguished Scientific Contribution Award talk*. American Psychological Association, Division 12.
- 2003 Serendipity and science: Some career reflections (Serendipity y ciencia: Algunos recuentos de la carrera). Third International Colloquium on the Prevention and Treatment of Addictive Behaviors (III Coloquio Internacional Sobre Prevención y Tratamiento de Conductas Adictivas. En Memoria del Dr. Héctor Ayala Velázquez). National University of Mexico. Mexico City, Mexico
- 2003 Self-Regulation: Natural and Self-Guided Recovery. Invited talk to be presented at the annual conference on Regulating Addiction: How Individuals, groups, and Institutions Manage Excessive Behaviors. Las Vegas, NV.
- 2004 Self-Guided Change: Brief Motivational Treatment Model for Substance Abusers. Invited talk to be presented at the 2004 Winter School in the Sun, Brisbane, Australia.

PUBLICATIONS

Articles

- Sobell, L.C., Schaefer, H.H., **Sobell, M.B.**, & Kremer, M.E. (1970). Food priming: A therapeutic tool to increase the percentage of meals bought by chronic mental patients. *Behaviour Research and Therapy*, 8, 339-345.
- Sobell, M.B.** (1970). A paired comparison method for assessing stimulus control with an application to DRL schedules. Unpublished doctoral dissertation, University of California, Riverside.
- Schaefer, H.H., **Sobell, M.B.**, & Mills, K.C. (1971). Baseline drinking behaviors in alcoholics and social drinkers: Kinds of drinks and sip magnitude. *Behaviour Research and Therapy*, 9, 23-27.
- Schaefer, H.H., **Sobell, M.B.**, & Mills, K.C. (1971). Some sobering data on the use of self-confrontation with alcoholics. *Behavior Therapy*, 2, 28-39.
- Mills, K.C., **Sobell, M.B.**, & Schaefer, H.H. (1971). Training social drinking as an alternative to abstinence for alcoholics. *Behavior Therapy*, 1971, 2, 18-27.
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 Sarason, I.G. & Sarason, B.R. (Eds.). (1972). *Readings in Abnormal Psychology: The problem of maladaptive behavior*. New York: Appleton-Century-Crofts, 300-306.
 Susman, J. (Ed.). (1972). *Drug use and social policy*. New York: AMS Press.
- Sobell, L.C., **Sobell, M.B.**, & Schaefer, H.H. (1971). Alcoholics name fewer mixed drinks than social drinkers. *Psychological Reports*, 28, 493-494.
- Baker, T.B. & **Sobell, M.B.** (1971). Re-education for the alcoholic. *Journal of Alcohol Education*, 17, 12-15.
- Schaefer, H.H., **Sobell, M.B.**, & Sobell, L.C. (1972). Twelve month follow-up of hospitalized alcoholics given self-confrontation experiences by videotape. *Behavior Therapy*, 3, 283-285.
- Sobell, M.B.**, Schaefer, H.H., & Mills, K.C. (1972). Differences in baseline drinking behavior between alcoholics and normal drinkers. *Behaviour Research and Therapy*, 10, 257-267.
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Readings on psychotherapy and alcoholism, New York: MSS Information.
- Sobell, L.C., **Sobell, M.B.**, & Christelman, W.C. (1972). The myth of "one drink." *Behaviour Research and Therapy*, 10, 119-123.
- Sobell, L.C. & **Sobell, M.B.** (1972). Effects of alcohol on the speech of alcoholics. *Journal of Speech and Hearing Research*, 15, 861-868.
- Sobell, M.B.** & Sobell, L.C. (1973). Individualized behavior therapy for alcoholics. *Behavior Therapy*, 4, 49-72.
Selected as:
 Citation Classic, 1985, *Current Contents/Social & Behavioral Sciences*, 17, 16.
Reprinted in:
Mental Health Digest (1973). N.I.M.H., 5, 43-47 (condensed form).
 Strupp, H.H. et al. (Eds.). (1974). *1973, Psychotherapy and behavior change annual*, Chicago: Aldine, 302-325.
 Zlutnick, S. & Katz, R. (Eds.). (1974). *Behavior therapy and health care: Principles and applications*. New York: Pergamon Press, 535-560.
 Lilienfeld, S. (Ed.). (1995). *Classic controversies in abnormal psychology: Opposing perspectives on mental illness and its treatment*. Pacific Grove, CA: Brooks/Cole, 331-345.
- Sobell, L.C. & **Sobell, M.B.** (1973). A self-feedback technique to monitor drinking behavior in alcoholics. *Behaviour Research and Therapy*, 11, 237-238.

- Sobell, M.B.** & Sobell, L.C. (1973). Alcoholics treated by individualized behavior therapy: One year treatment outcome. *Behaviour Research and Therapy*, *11*, 599-618.
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 Franks, C.M. & Wilson, G.T. (Eds.). (1975). *Annual review of behavior therapy, theory and practice*. New York: Bruner/Mazel, 605-631.
 Ward, D.A. (Ed.). (1985). *Alcoholism: Introduction to theory and treatment*, Revised second edition. Dubuque: Kendall/Hunt, 410-429.
 Ward, D.A. (Ed.). (1990). *Alcoholism: Introduction to theory and treatment*, 3rd edition. Dubuque: Kendall/Hunt, 364-383.
- Sobell, L.C. & **Sobell, M.B.** (1974). The erudite transient. *International Journal of Social Psychiatry*, *20*, 242-250.
- Sobell, M. B., Sobell, L.C., & Samuels, F.H. (1974). Validity of self-reports of alcohol-related arrests by alcoholics. *Quarterly Journal of Studies on Alcohol*, *35*, 276-280.
- Sobell, L.C. & **Sobell, M.B.** (1975). Drunkenness, a 'special circumstance' in crimes of violence: Sometimes. *International Journal of the Addictions*, *10*, 869-882.
- Feldman, D.J., Pattison, E.M., Sobell, L.C., Graham, T., & **Sobell, M.B.** (1975). Outpatient alcohol detoxification: Initial findings on 564 subjects. *American Journal of Psychiatry*, *132*, 407-412.
 Abstracted in:
Psychiatric Spectator, 1975, 9, Sandoz.
 Reprinted in:
 E.M. Pattison (Ed.). (1982). *Selection of treatment for alcoholics*. New Brunswick, NJ: Rutgers Center for Alcohol Studies, NIAAA-RUCAS Alcohol Treatment Series, No. 1.
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- Sobell, L.C. & **Sobell, M.B.** (1975). Legitimizing alternatives to abstinence: Implications now and for the future. *Journal of Alcoholism*, *10*, 5-16.
- Sobell, L.C. & **Sobell, M.B.** (1975). Outpatient alcoholics give valid self-reports. *Journal of Nervous and Mental Disease*, *161*, 32-42.
- Baker, T.B., **Sobell, M.B.**, Sobell, L.C., & Cannon, D.C. (1976). Halfway houses for alcoholics: A review, analysis, and comparison with other halfway house facilities. *International Journal of Social Psychiatry*, *22*, 130-139.
- Sobell, M.B.**, Sobell, L.C., & Sheahan, D.B. (1976). Functional analysis of drinking problems as an aid in developing individual treatment strategies. *Addictive Behaviors*, *1*, 127-132.
- Sobell, M.B.** & Sobell, L.C. (1976). Second year treatment outcome of alcoholics treated by individualized behavior therapy: Results. *Behaviour Research and Therapy*, *14*, 195-215.
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 E.M. Pattison, M.B. Sobell, & L.C. Sobell (Authors/Eds.). (1977). *Emerging concepts of alcohol dependence*. New York: Springer.
- Sobell, L.C. & **Sobell, M.B.** (1977). Driver records: An aid in follow-up tracking and verification of self-reports of alcoholics. *International Journal of the Addictions*, *12*, 429-438.
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- Sobell, L.C. & **Sobell, M.B.** (1978). Validity of self-reports in three populations of alcoholics. *Journal of Consulting and Clinical Psychology*, *46*, 901-907.

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- Hendricks, R.D., Cooper, A.M., & **Sobell, M.B.** (1978). Social influences on human ethanol consumption in an analog situation. *Addictive Behaviors*, *3*, 253-259.
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- Sobell, M.B.** & Sobell, L.C. (1978). Evaluating the external validity of Ewing and Rouse. *British Journal of Addiction*, *73*, 323-345.
- Sobell, M.B.**, Sobell, L.C., & VanderSpek, R. (1979). Relationships between clinical judgment, self-report and breath analysis measures of intoxication in alcoholics. *Journal of Consulting and Clinical Psychology*, *47*, 204-206.
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Psychiatry Digest, 1979.
- Caddy, G.R., **Sobell, M.B.**, & Sobell, L.C. (1978). Alcohol breath tests: Criterion times for avoiding contamination by "mouth alcohol." *Behavior Research Methods and Instrumentation*, *10*, 814-818.
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- Cooper, A.M., Waterhouse, G.J., & **Sobell, M.B.** (1979). Influence of gender on alcohol consumption in a modeling situation. *Journal of Studies on Alcohol*, *40*, 562-570.
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- Maisto, S.A., **Sobell, M.B.**, Cooper, A.M., & Sobell, L.C. (1979). Test-retest reliability of retrospective self-reports in three populations of alcohol abusers. *Journal of Behavioral Assessment*, *1*, 315-326.
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Assessment Instruments

A. Timeline Followback Assessment Method (Sobell, L. C. & Sobell, M. B.)

Translated into: Spanish, Portuguese, German, Polish, Swedish, French

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2. Primary drinking assessment and outcome measure. American Psychiatric Association, *Handbook of Psychiatric Measures*. Washington, DC, 2000.
3. European Monitoring Centre for Drugs and Drug Abuse: Evaluation Instrument Bank-Treatment, 2000.
4. Alcohol, Drug, Cigarette, and Marijuana Timeline Followback Method. (1998).[CD ROM]. [ONLINE]. Abstracts from: Knowledge Access, OVID Technologies. HaPI Item.
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B. Family Tree Questionnaire (Sobell, L. C. , Mann, R., Sobell, M. B., & Pavan, D.)

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C. Drug History Questionnaire (Sobell, L. C. ,& Sobell, M. B.)**Selected for inclusion:**

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D. Drug Consequence Checklist (Sobell, L. C. & Sobell, M. B.)

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- Breslin, F. C., Sobell, L. C., & **Sobell, M.B.** Evaluating a brief version of the Timeline Followback for use by clinicians. Poster presented at the 29th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1995.
- Breslin, F. C., Sobell, L. C., **Sobell, M.B.**, Cunningham, J. C., & Kwan, E. Prognostic markers for a stepped care approach: The utility of within treatment drinking variables. Poster presented at the 29th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1995.
- Cunningham, J. C., Sobell, L.C., Gavin, D. R., **Sobell, M. B.**, & Breslin, F. C. Assessing motivation for change: On outgoing outcome expectancy measure of the costs and benefits of changing alcohol and drug use. Poster presented at the 29th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1995.
- Breslin, F.C., Cunningham, J., Vakili, S., Poulos, C.X., Cappell, H., & **Sobell, M.B.** Methodological issues in alcohol and decision making research. Paper presented at the symposium, "Alcohol intoxication, social cognitive processes, and implications for prevention of alcohol-related problems." 29th Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, D.C., November, 1995.
- Romach, M. K., Sellers, E. M., Kaplan, H.L., Somer, G., **Sobell, M. B.**, Sobell, L.C., & Gorthy, L. Efficacy of dexfenfluramine (dex) in the treatment of alcohol dependence. Poster presented at the Annual Scientific Meeting of the College on Problems of Drug Dependence, San Juan, Puerto Rico, June 1996.
- Breslin, F.C., Kapur, B., **Sobell, M.B.**, & Cappell, H. Gender and alcohol administration: an alcohol dosing procedure that produces comparable curves for both men and women. Poster presented at the annual meeting of the Research society on Alcoholism, Washington, D.C., June, 1996.
- Sobell, M. B.**, Klingemann, H., Sobell, L.C., Agrawal, S., Toneatto, T. Cross-cultural qualitative analysis of antecedents to natural recoveries from alcohol problems. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC, September, 1996.
- Cunningham, J. C., Sobell, L. C., & **Sobell, M. B.** Recovery from alcohol problems with and without treatment in a general population survey" Reasons for change. Poster presented at the International Symposium on Addictions '96: Treatment Across the Addictions. Hilton Head, SC, September, 1996.
- Sobell, M. B.**, Buchan, G., & Sobell, L.C. Relationship of goal choices by substance abusers in Guided Self-Change treatment to subject characteristics and treatment outcome. Poster presented at the 30th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY., November, 1996.

- Sobell, L.C., **Sobell, M. B.**, Buchan, G., Cleland, P., Fedoroff, I., & Leo, G. I. The reliability of the Timeline Followback method applied to drug, cigarette, and cannabis use. Poster presented at the 30th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY., November, 1996.
- Cunningham, J. C., Sobell, L. C., Gavin, D. R., Breslin, F. C., & **Sobell, M. B.** Dealing with urges to drink: Techniques associated with successful treatment outcomes. Poster presented at the 30th Annual Meeting of the Association for Advancement of Behavior Therapy, New York, NY., November, 1996.
- Wagner, E. F., **Sobell, M. B.**, Sobell, L.C., & Lui, E. Cannabis abuse: Treatment seeker characteristics and brief treatment outcome. Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL, November, 1997.
- Ellingstad, T. P., Sobell, L.C., Cleland, P., & **Sobell, M. B.** Do problem drinkers want to stop smoking? Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL, November, 1997.
- Breslin, F. C., Sobell, L. C., **Sobell, M.B.**, & Buchan, G. A comparison of a brief and long format for the situational confidence questionnaire. Poster presented at the 31st Annual Meeting of the Association for Advancement of Behavior Therapy, Miami Beach, FL, November, 1997.
- Sobell, L.C., Vakili, S., **Sobell, M. B.**, Agrawal, S., & Leo, G. I. Daily drinking may be more than a bad habit. Poster presented at the 32nd Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1998.
- Ellingstad, T. P., Sobell, L.C., **Sobell, M. B.**, Planthara, P., & McMullin, C. Drug treatment outcome methodology: Strengths and weaknesses, 1993-1997. Poster presented at Addictive Behaviors Special Interest Group at the 32nd Annual Meeting of the Association for Advancement of Behavior Therapy, Washington, DC., November, 1998.
- Toll, B., A., Sobell, L.C., **Sobell, M.B.**, & Levin, C. C. Tobacco, alcohol, and illicit drug use: A comparison of their economic and health care costs. Poster presented at the annual meeting of the Florida Psychological Association, Palm Beach, FL. July, 1999 (Third Place, Student Poster Session).
- Sobell, L.C., Agrawal, S., Leo, G. I., Young-Johnson, L., **Sobell, M. B.**, & Cunningham, J. C. Quick drinking screen versus the alcohol Timeline Followback: a time and place for both procedures. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.
- Ellingstad, T. P., Sobell, L.C., & **Sobell, M.B.** Natural Recovery from Alcohol and Drug Problems: An Overview and Review of Current Studies with Suggestions for Future Directions. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.
- Sobell, M. B.**, Toll, B., & Sobell, L.C. Evaluation of the Yale–Brown Obsessive Compulsive Scale for Heavy Drinking and the Obsessive Compulsive Drinking Scale with Alcohol Abusers. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.
- Levin, C. C., Sobell, L.C., Cleland, P. A., Ellingstad, T. P., **Sobell, M.B.**, Toll, B., & Dorheim, L. RAGS: A new drug abuse screening instrument. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999.
- Toll, B., A., **Sobell, M.B.**, Wagner, E., & Sobell, L.C. Thought suppression and smoking cessation. Poster presented at the 33rd Annual Meeting of the Association for Advancement of Behavior Therapy, Toronto, Ontario, Canada, November, 1999. (Best Student Poster Award)

- Gould, D.W., & **Sobell, M. B.** Project CHOICES Measures and Outcome Variables. Paper presented at the symposium "A Preconception Approach to Preventing Alcohol-exposed Pregnancies," Research Society on Alcoholism, Denver, CO, June, 2000.
- Toll, B., A., Sobell, L. C., **Sobell, M. B.**, & Dorheim, L. Factor structure of the YBOCS-d Drug Scale. Poster presented at the Annual Meeting of the American Psychological Association, Chicago, IL., August, 2000.
- Liu, E., Kahan, M., Wilson, L., & **Sobell, M. B.** The attitude and behavior of family medicine residents towards problem drinkers. Poster presented at the Annual Meeting of the American Psychological Association, Chicago, IL., August, 2000.
- Toll, B., A., Sobell, L. C., **Sobell, M. B.**, & D'Arienzo, J. The Internet: Assessing the evidential basis for substance abuse intervention websites. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Sobell, L.C., Leo, G. I., Agrawal, S., Young-Johnson, L., **Sobell, M. B.**, & Cunningham, J. Fostering self-change: One year outcome results from a large scale community intervention for alcohol abusers. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Levin, C. C., Sobell, L. C., & **Sobell, M. B.** The decisional balance exercise: A study of its clinical utility as part of ongoing treatment. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Gutmann, L., Sobell, L. C., Ellingstad, T. P., Prevo, M., & **Sobell, M. B.** Smoking cessation interventions: Outcomes and methodological strengths and weaknesses of published studies, 1994-1998. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Sobell, M. B.**, Velasquez, M. M., Ingersoll, K., Sobell, L. C., Floyd, L., Gould, D. W. Using a motivational enhancement intervention to prevent alcohol-exposed pregnancies. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Lawson, H., Wagner, E., & **Sobell, M. B.** The attractiveness and effectiveness of a game show program for school-based alcohol and other drug prevention. Poster presented at the 34th Annual Meeting of the Association for Advancement of Behavior Therapy, New Orleans, LA, November, 2000.
- Levin, C. C., Sobell, L. C., & **Sobell, M. B.** The decisional balance exercise: Relationship to treatment outcomes with substance abusers. Poster presented at the Annual Meeting of the American Psychological Association, San Francisco, CA., August, 2001.
- Sobell, M. B.**, Sobell, L. C., & Johnson, K. Initial outcomes of the Project CHOICES intervention. Poster presented at the American Public Health Association, 129th Annual Meeting, Atlanta, GA, October, 2001.
- Ingersoll, K. S., Floyd, R. L., & the Project CHOICES Team (**M. B. Sobell**, member). Preventing alcohol-exposed pregnancies in high-risk women: The Project CHOICES feasibility study: overview. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**M. B. Sobell**, member). Preventing alcohol-exposed pregnancy: Epidemiologic and clinical basis of Project CHOICES. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.

- Nettleman, M. D., Mullen, P. D., & the Project CHOICES Team (**M. B. Sobell**, member). Women at risk for alcohol-exposed pregnancy: Findings from an epidemiologic survey in five settings. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.
- Ingersoll, K. S., Velasquez, M. M., & the Project CHOICES Team (**M. B. Sobell**, member). Intervention with women at risk for alcohol-exposed pregnancy: Rationale and description of the Project CHOICES intervention. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.
- Floyd, R. L., Baio, J. E., & the Project CHOICES Team (**M. B. Sobell**, member). Future directions in preventing alcohol-exposed pregnancy. Paper presented at the symposium "Preventing Alcohol-Related High-Risk Pregnancies," Annual Meeting of the American Public Health Association, Atlanta, GA, October, 2001.
- Sobell, L. C., **Sobell, M. B.**, Agrawal, S., Leo, G. I., Young-Johnson, L., & Toneatto, T. A longitudinal prospective study of recovery and relapse among untreated alcohol abusers. Poster presented at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.
- Ellingstad, T. P., Venner, K., Sobell, L. C., **Sobell, M. B.**, & Eickleberry-Goldsmith, L. Factors associated with cannabis self-resolution and barriers to treatment seeking. Poster presented at Addictive Behaviors Special Interest Group at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.
- Eickleberry-Goldsmith, L., Ellingstad, T. P., Sobell, L. C., **Sobell, M. B.**, Braeutigam, J. Resolution from daily cannabis use without treatment: A descriptive study including cognitive and respiratory measures. Poster presented at Addictive Behaviors Special Interest Group at the 35th Annual Meeting of the Association for Advancement of Behavior Therapy, Philadelphia, PA., November, 2001.
- Tonigan, J. S., Sobell, L. C., & **Sobell, M. B.** Heavy drinking and changes in situational confidence to avoid drinking. Poster to be presented at the Annual Meeting of the Research Society on Alcoholism, , Fort Lauderdale, FL, June, 2003
- Sobell, M.B.** & Sobell, L.C. A multi-level stepped approach to the provision of services for alcohol problems. Paper to be presented as part of a symposium on Toward the unification of psychology: The utility of the biopsychosocial model at the Annual Meeting of the American Psychological Association, Toronto, Ontario, Canada, August, 2003.
- Sobell, L.C., Agrawal, S., Leo, G. I., Sobell, M. B., Cunningham, J., & Young-Johnson, L., Changing Drinking: Responding to an Advertisement as a Critical Event in Behavior Change. Poster to be presented at the 37th Annual Meeting of the Association for Advancement of Behavior Therapy, Boston, MA., November, 2003.